Track: 2016-12-02 Monte la Meta	**IBP = 98 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	9.876 Km
Analyzed distance	9.876 Km
Lineal distance	0.043 Km

Accumulated climb	844.48 m
Accumulated descent	874.31 m
Maximum height	2243.15 m
Minimal height	1432.02 m
Climb rate	17.62 %
Descent rate	18.1 %
Positive climb difference per	85.51 m
Negative descent difference per	88.53 m

Total time	5:03:08 h
Time in movement	3:33:52 h
Stopped time	1:29:16 h

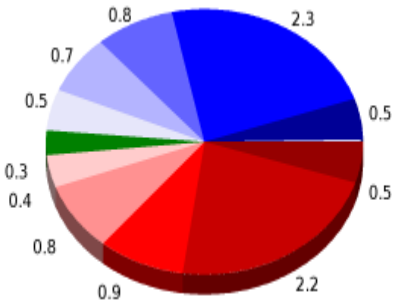
Total speed average	1.95 Km/h
Average speed in movement	2.77 Km/h
Maximum held speed	5.35 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	2579 (cad. 3.83 m)
Significant points	312 (cad. 31.76 m / 12.1 %)
Aberrant points	586 (22.72 % d. total)

Direction changes per	16
Direction changes >5º per	13.57
Accumulated straight stretches	0.9 Km
Straight stretches per	91.13 m
Penalizables slope changes	4
Penalizables slope changes per	0.405

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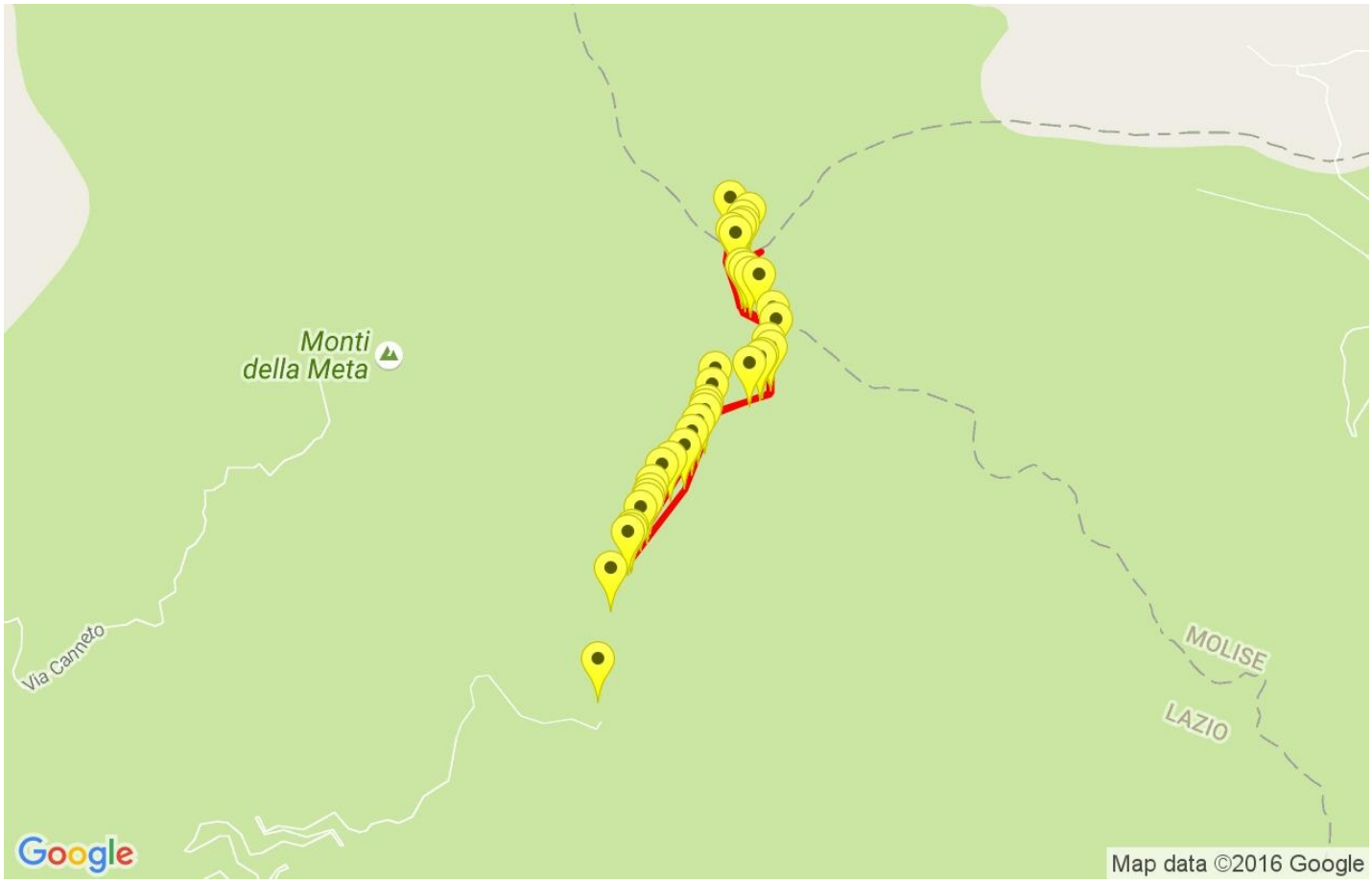
Summary of slopes

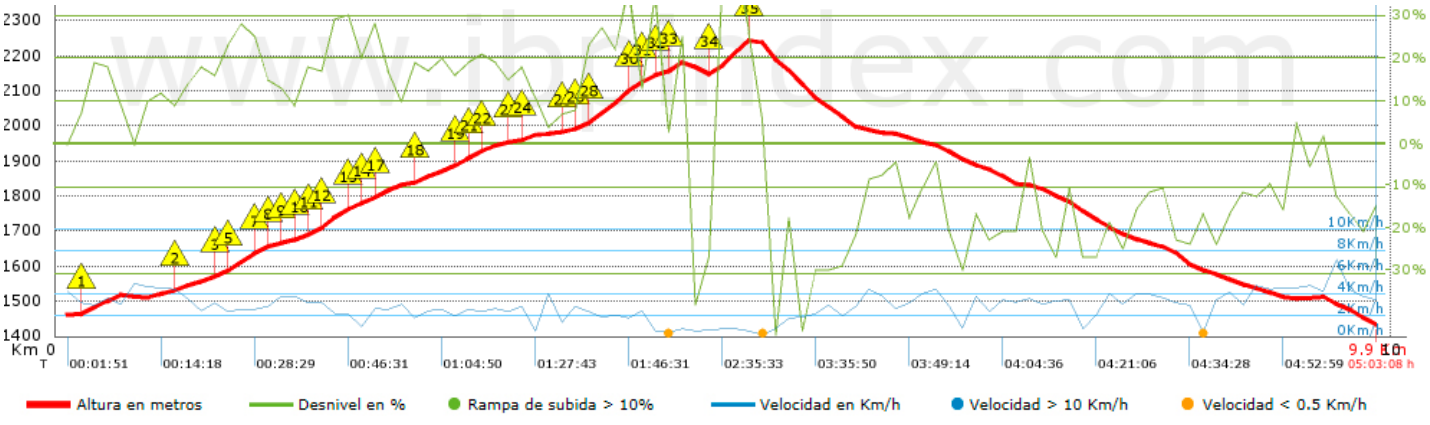


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.492	4.99	1.77	0:16:44
	Between 15 and 30%	2.241	22.69	2.23	1:00:19
	Between 10 and 15%	0.891	9.02	3.16	0:16:56
	Between 5 and 10%	0.779	7.89	3.13	0:14:55
	Between 1 and 5%	0.39	3.95	3.33	0:07:02
	Total :	4.794	48.54	2.48	1:55:56
	Plain				
	Difference of 1%	0.252	2.55	2.96	0:05:06
	Breakdown descents				
	Between 1 and 5%	0.452	4.58	4.92	0:05:31
	Between 5 and 10%	0.697	7.06	3.58	0:11:41
	Between 10 and 15%	0.824	8.34	4.21	0:11:45
	Between 15 and 30%	2.33	23.59	3.08	0:45:20
	Between 30% and 55%	0.528	5.34	1.71	0:18:33
	Total :	4.83	48.91	3.12	1:32:50
	Total track :	9.876	100 %	2.77	3:33:52

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.162	19 %	259 m
2	0.88	14 %	320 m
3	1.2	18 %	29 m
4	1.23	23 %	32 m
5	1.261	25 %	159 m
6	1.42	26 %	65 m
7	1.486	20 %	34 m
8	1.52	16 %	34 m
9	1.756	15 %	97 m
10	1.854	19 %	165 m
11	2.019	25 %	130 m
12	2.148	22 %	89 m
13	2.237	14 %	92 m
14	2.328	29 %	32 m
15	2.361	20 %	31 m
16	2.391	19 %	125 m
17	2.641	17 %	319 m
18	2.96	17 %	89 m
19	3.049	19 %	30 m
20	3.079	21 %	98 m
21	3.177	17 %	59 m
22	3.397	13 %	92 m
23	3.489	13 %	92 m
24	3.815	11 %	64 m
25	3.879	16 %	59 m
26	3.938	23 %	30 m

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 27	3.968	30 %	310 m
 28	4.278	33 %	29 m
 29	4.308	19 %	93 m
 30	4.401	21 %	32 m
 31	4.432	34 %	61 m
 32	4.588	27 %	92 m
 33	4.888	36 %	246 m
 34	5.134	26 %	29 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	2026.714	20.52	1:00:07	2.02	1:07:53	2:08:00	0.95
1750	3540.296	35.85	1:13:53	2.88	0:12:07	1:26:00	2.47
1500	3610.553	36.56	1:06:38	3.25	0:09:16	1:15:54	2.85
Total :	9.178 Km	92.92 %	3:20:38 h	2.74 Km/h	1:29:16 h	4:49:54 h	1.9 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.489	0:07:12	1962	1:19:39	1:19:39	3.489
4.432	0:03:25	2133	1:52:07	0:32:28	0.943
4.493	0:04:21	2153	1:56:40	0:04:33 < 10´	0.061
4.555	0:04:40	2156	2:02:42	0:06:02 < 10´	0.062
4.618	0:02:41	2162	2:09:20	0:06:38 < 10´	0.063
4.68	0:07:17	2179	2:13:11	0:03:51 < 10´	0.062
4.77	0:02:50	2167	2:22:32	0:09:21 < 10´	0.089
4.829	0:02:50	2155	2:27:01	0:04:29 < 10´	0.06
4.888	0:02:39	2147	2:30:39	0:03:38 < 10´	0.059
5.043	0:02:30	2196	2:38:28	0:07:49 < 10´	0.155
5.134	0:06:46	2236	2:44:23	0:05:55 < 10´	0.09
5.221	0:27:54 > 10´	2235	2:52:50	0:08:27 < 10´	0.088
6.747	0:02:28	1914	3:56:22	1:03:32	1.526
7.589	0:02:27	1778	4:14:52	0:18:30	0.842
8.481	0:09:16	1605	4:34:28	0:19:36	0.891
Total :	1:29:16 h				

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